

THE WEE GOIL

E-COPY UPDATE 2

Boat Shed Lockdown Quiz



Every Friday
Night At 8pm

EDITORS NOTES



Dear Readers

I trust you are all well and enjoying the glorious sunshine.

As we are all in this together, we have come up with an idea that will hopefully remind Lochgoil of how we, as a community, came together to combat this pandemic.

We are looking for short stories, poems, sonnets, drawings/sketches, a picture, a photo. It can be about the postman, a special delivery person a neighbour next door, a carer, your pet or family member. Anything/anyone that helped during these difficult times.

Kindly email to theweegoil@gmail.com.

Irene McAllister Editor

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BOAT SHED

LOCKDOWN QUIZ

Entertaining yourself and family during Lockdown can be a challenge. The Boat Shed Café recognises this and has set up an online quiz that can be accessed via Facebook.

The quiz called 'surprisingly' ***Boat Shed Lockdown Quiz*** is on a Friday evening and starts at 8pm prompt. The Facebook site is a private page and anyone wanting to join the quiz has to apply to become a member.

The quiz started at the beginning of April and already has 35 registered teams (a few of whom do not have Facebook accounts so receive their questions via email simultaneously).

The questions consist of a mixture of general knowledge, TV and film, music, sport and picture rounds. There's also a 'sting in the tail' with a 'wipe out' round at the end. So, when you've finished your dinner on a Friday night, why not turn off the tele, grab a drink, a piece of paper and possibly some family members (don't worry you can play on your own) and enjoy an hour or so flexing the old grey matter?

Go to Facebook and search 'Boat Shed Lockdown Quiz'

or email
theboatshedcafelochoil@gmail.com to receive email questions

Michelle Hall

THE NEWS ON CoViD-19 IN LOCHGOIL

The numbers for the wider UK are shocking - nearly 40.000 have been estimated now to have died as a result of CoViD-19 - only half of which are on the official count of confirmed cases, but the rest in nursing homes and the wider community. And we are far from done with it. Far From.

And yet - I do not think anyone from within Lochgoil has died and the few cases of which I know we had in the vicinity seem to have all been imported and none acquired by way of onwards transmission. This suggests one thing - the lock-down works for us, we started it early enough and we held, so far, to it tightly enough to keep things right here. I am so grateful to be able to share this - and I hope that at the end of it all we still will have the same sense of "We did right to our neighbours and us and we succeeded!"

The one thing though which bugs us doctors in the practice is the drastic drop-off of consultations for other, non-CoViD-19 things. One aspect, which we all enjoy and greatly want to encourage - is a clear sense of grown responsibility and self reliance for the trivial and self limiting. That can only be good. At the same time though we do want to know if someone is concerned about something. A good rule of thumb is if you do not know what it is, if worry about it keeps you from sleeping, if simple self sought advice from the usual sources (NHS Inform etc) does not seem to cover it or if your partner/child/parent/ friend tells you to consult - you probably should. And that would not be a waste of our time - even if the outcome is simply reassurance and no further action from our side.

So, please consult when appropriate, stick to the lock-down and feel proud, we are definitely doing something right here in Lochgoil!

Dr P. Von Kaehne



USING ZOOM TO KEEP IN TOUCH

Would you be interested in keeping touch with others who live in the Loch Goil area? A group of us have been meeting online on a Saturday morning at 11am using Zoom which allows us to see each other as we talk. Those who have joined the group get the Zoom link by email and this keeps it safe. If you wish to join, please send an email request to Alastair Moodie at armoodie@gmail.com and he will let you know how to join the gathering of local folk.

Zoom is very easy to use if you have a laptop computer or an iPad or other tablet. You can also use a mobile phone that receives emails.

Iain MacInnes, Chair of the Community Council, has agreed to facilitate the May meeting online using Zoom. The date is the usual second Monday evening, 11th May, at 7.30 pm.

If you wish to attend the meeting, please send an email to :

Iain (iain.maclochgoil@gmail.com) or Alastair (armoodie@gmail.com) so that you receive the invitation to join the Zoom meeting.

I am willing to facilitate other local group meetings using my Zoom license. It means that groups can meet online for longer than the 40 minutes limit for free use. Please contact me for more information.

Alastair Moodie



A83 SLIP - REMEDIATION PROGRESS



Essential remediation work at the Rest and Be Thankful is on target to see traffic management measures on the A83 at the site of the January landslide removed by Monday 26 April.

Completion of the “catch pit”, which has been excavated at the bottom of the slope and is designed to hold up to 1000 tonnes of debris in the event of any further slip, will allow both lanes on the road to be open, allowing free movement for essential transport.

Work on the forest road, which will not have an impact on the A83, is expected to be completed by the end of June.

FLS Planning Manager, John Hair, said;

“We’ve been making really good headway with this work, thanks largely to our contractors (GeoRope) who, since day one, have been doing a great job and have been working seven days a week to stabilise the hillside.

YOUR VIEW

“The catch pit has been properly excavated now and the sides are almost completely secured. All that remains to be done is to add the last earthen barrier between the pit and the road, which will help stop any debris that might come down the hill in the event of any future extreme weather events

“The forest road will be longer-term work but we’ve nearly finished the first of 8 sections. It takes us about a week to strengthen and secure each section – installing the micro-piling, the concrete beam and shotcreting the downhill slope – so hopefully by then end of June we’ll be able to walk away from a job well done.”

The onsite team has been taking care to maintain social distancing and to observe all current NHS and Government health advice relevant to the COVID-19 crisis.

The landslide in January arose from a very particular set of circumstances that was resultant from a prolonged period of extremely heavy rainfall. Although these circumstances are unlikely to be replicated at other sites, FLS has since amended its inspection process to include checks on all forest roads set in similar landscapes and is developing Climate Change adaptation actions to make the forests and land more resilient and mitigate such risks.

Led by Forestry and Land Scotland, the remediation team at the A83 site includes the geotechnical engineers and consultants involved in resilience works elsewhere on the Rest & Be Thankful, and partners Transport Scotland and BEAR.

Paul Munro

paul.munro@forestryandland.gov.scot

On behalf of Lochgoil Community Council I send our thanks to the Wee Goil team for your kind donation of £100 to the Lochgoil community website.

This support over the years is very much appreciated working like this together in this ever changing today’s world is what keeps rural communities like ours strong supporting each other.

Thanking you again

Stay safe

Iain MacInnes MBE

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NATURE'S MESSAGE - IS THERE ANY GOOD NEWS IN IT?

Nature is sending us a message: not looking after the planet means not taking care of ourselves.

Over recent decades the world has seen destruction of the natural world on a massive scale – and not just in the third world but here too. Contamination, pollution, global warming, biodiversity loss and habitat loss have all forced wildlife ever closer to humans and it is this interaction that scientists believe to be the cause of devastating pandemics including Ebola, Bird Flu, SARS, (severe acute respiratory syndrome), MERS (Middle East respiratory syndrome) and now Covid19.

Animals and plants harbour pathogens that can have lethal consequences for humans if they should get into our bodily systems.

The reason China has been the epicentre of so many of the pandemic outbreaks is primarily because of this cross-over between animals and people – and there are a lot of people to whom the pathogen can spread!

China's live animal markets create the 'perfect storm' where animals are slaughtered alongside live animals and customers pick up both live and dead animals, contracting the deadly pathogens at the same time. Animal trafficking is also an easy access route for animal disease to jump across to the human population.

Disease, locust invasions, floods, droughts, bush fires ... Nature is definitely

starting to fight back. However, there are some tiny glimmers of good news amongst all this negativity.

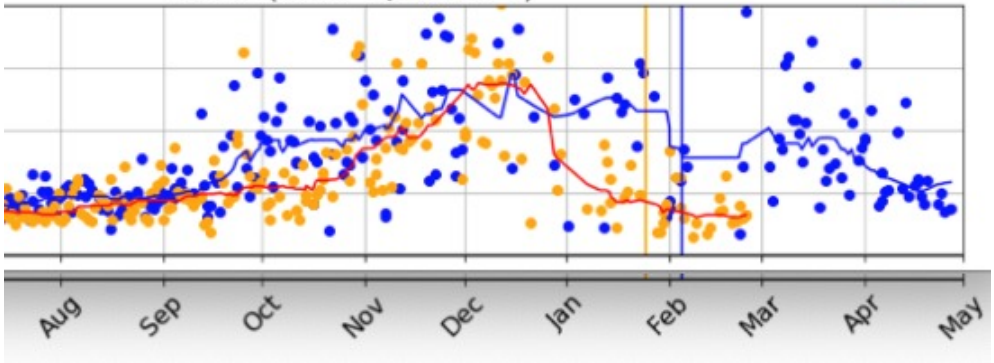
China has temporarily shut down its live markets which is good news, however, this has got to be permanent and only time will tell if the Chinese people can change their entire way of life.

China is also the world's largest emitter of carbon emissions but has seen its air quality improve.

It seems that levels of NO₂ (Nitrogen Dioxide) have decreased dramatically by as much as 30-50% in some places. NO₂ is a product of the burning of fossil fuels and as such is present in the emissions of car engines, heating boilers, power stations, etc and along with other chemicals, forms damaging acid rain.

On the next page is a graph created from data gathered by the Sentinel 5P satellite which measures the composition of the atmosphere from space. It clearly shows a positive impact of corona over Wuhan, the epicentre of the pandemic, as a result of the downward trend in the use of fossil fuels. And although the levels always do drop during Chinese New Year in January/February when industry shuts down temporarily, it usually shoots back up. But as you can see from the graph, the trend continues to tumble in a downwards direction.

Wuhan (30.58° N, 114.27° E)



THE ORANGE LINE IS 2019/2020 WITH
BLUE BEING 2018/2019

Similarly, other satellite data shows emissions over Italy have fallen dramatically since the corona virus lockdown. In Venice due to the lack of visitors and depleted boating traffic on the waterways, the once murky canals are now so clear people can actually see the fish swimming there.

With the cancellation of the majority of flights, the skies over our cities are clearer and quieter. A definite bonus for home owners who live under a flight path where it can be noisy and polluted.

And let's not forget - this WILL all be over one day and hopefully we will appreciate seeing our family and friends just that little bit more. And who knows ... the world might wake up to the fact that we have to change the way we treat our planet or ... suffer the consequences.

Read more on Natures message in this fascinating article:

<https://www.theguardian.com/world/2020/mar/25/coronavirus-nature-is-sending-us-a-message-says-un-environment-chief>

Michelle Hall

Quiz 11 E-Copy 1 Answers

Word: cairns

1. Comic Hill, Balmaha © 2. Burgers (r)
3. Drivers used to bring cattle across the water at that point (s) 4. David Tennant (n)
5. The Hill House @ 6. Invermanan (t)

JEAN AND JURA PULL IT OFF AT
CRUFTS 2020 BY GETTING 4TH IN HER
CLASS. UNFORTUNATELY THE
SCOTTISH TEAM DID NOT
DO TOO WELL.



TOURISM MELTOWN IN THE NATIONAL PARK



News Release
Wednesday, 22nd April 2020

Fears of a £200m hit for tourism businesses in the Loch Lomond and The Trossachs National Park

Tourism in meltdown as losses grow at an alarming rate

A prolonged lockdown caused by the corona virus pandemic could see at least £200 million wiped off the value of tourism in the National Park this year with the potential loss of at least

a quarter of the tourism businesses and over 1,200 redundancies according to a former tourism chief for the area and current Chairman of a leading National Park charity.

The unprecedented lockdown has resulted in tourism revenues tumbling at an alarming rate in the National Park with over £100 million in losses racked up already, including valuable advance group bookings from both UK and international markets being cancelled for the whole year, according to James Fraser, Chairman

of the Friends of Loch Lomond and The Trossachs.

Loch Lomond and The Trossachs is one of the most popular tourist destinations in Scotland with over 4 million visitors a year generating spend of over £420 million and sustaining thousands of jobs directly and indirectly.

He warned even if the current restrictions are lifted in time for the peak summer months tourism businesses will have a slow recovery due to factors such as essential social distancing precautions still requiring to be in force and many visitors from important UK and overseas markets being reluctant to travel until an effective virus vaccine is in place. He estimates total losses could exceed £200 million by the end of the year with many businesses struggling to survive.

Mr Fraser, who is in regular contact with a number of businesses in the National Park, said: "In the 40 years I have been involved in the tourist industry I have never witnessed a situation as bad as this and it is much worse than the foot and mouth outbreak in 2001 that led to the shutdown of the countryside.

"In the past 6 weeks it has been upsetting to see so many well run predominantly family businesses, which have been built up with hard work over many years, in such a state of turmoil and fighting for their very existence through no fault of their own.

"Most businesses have gone from looking forward to what was shaping up to be a bumper year with good trading levels to a situation overnight with income generation falling to zero and with no end in sight."

He cited numerous examples of medium sized businesses already losing, on average,

£1-2 million so far. Three cruise companies operating on the National Park lochs have lost over £4 million collectively. Hundreds of smaller tourist accommodation, catering and retail businesses and businesses in the supply chain such as tradesmen, laundries, bakers and butchers are also losing substantial sums.

Mr Fraser added: "The response to the growing financial crisis in the tourism sector from both the UK and Scottish Governments and local MSPs and MPS has been impressive and, following representations made locally and nationally, it is very encouraging to see some of the support packages being modified for the better.

"However, given the sheer scale of the downturn in tourism revenues, which no Government support scheme can fully cover, many businesses have been forced to take out very substantial loans as part of their fight for survival and it will take many years for them to recover from what has been, and continues to be, a catastrophic situation here in the National Park and elsewhere with tourism so hugely important to the economy"

In a recent report the OECD estimate declines of 45% to 70% in the international tourism economy in 2020, depending on the duration of the crisis and the speed with which tourism rebounds.

James Fraser, Chairman of the Friends of Loch Lomond and The Trossachs on 07894 908807 (jamesbfraser@aol.com)



LOCHGOILHEAD PARK & GARDENS



In these difficult times, the Park and Gardens continue to provide so much pleasure to our community. As Spring sunshine brings nature back to life, we thought it was time to provide an update.

We have come a long way in 18 months. Starting with a muddy field, the plan for the Park was to divide it into a number of 'zones', each meeting particular community needs. By doing so, it has allowed volunteers to tackle projects that interest them the most, and for the Trust to achieve real progress, even though some areas are still to be developed.

Nature pond

The pond is maturing well, with a little help from the introduction of marginal plants and decorative lilies. Ducks have taken up residence (although so far have

shunned their floating accommodation). The pond already supports a host of invertebrates and frogs. Spectacular Dragonflies will soon be hatching. The Weeping Willow will eventually provide a dramatic focal point.

Natural woodland

Most of the trees, obtained from the Woodland Trust, have managed to survive the winter and attention from the local Roe Deer. A mixture of Hazel, Rowan, Willow, Ash and Hawthorn will in time provide structural interest and importantly, a haven for wildlife. We hope soon to sow native wildflower seeds in between the trees.

Growing area

Work has begun on weeding and planting. The soil has been improved over the winter months with a deep mulch of leaves

and manure. There are two main growing areas; a large circle for growing vegetables and a smaller one for soft fruit and cut flowers. No pesticides are used. There will be lots of companion planting which will encourage wildlife, developing a natural ecology. The cornflowers are already covered with ladybirds who feed on aphids. It is our intention to grow fruit and vegetables to sell to the community at a modest cost. All proceeds will be put back into the garden.

Formal borders

Planted with around 130 shrubs, including Roses, Acers, Potentilla, and a host of others that are suitable for our climate, the shrub border has been hard work to establish. Soil improvement, mulching and weeding are near constant tasks, but the tenacity of volunteers is paying off. Sticks with rag-covered tips, regularly dipped in diesel, help to keep the deer at bay. This season, we hope to intersperse the structural planting with colourful perennials.

Children's nature garden

A successful funding application was made to the Argyll and Bute Supporting Communities Fund. The Trust will receive £1,500 in May, which will be used to develop the nature garden, a composting area and a base for a secure storage shed. The nature garden will contain bird feeding stations, bug hotels, lots of pollinating flowers and shrubs to attract butterflies, moths and bees. A living willow hide overlooking the pond was planted last year. This is growing well and will provide the perfect spot to observe nature.

Stage and lawn

Whilst we await our first performance (there is no charge to performers!), the stage, affectionately known as the 'Sitootery', provides a lovely sunny place to sit or even to stargaze. The small 'Grotto' area just to the side of the stage will eventually contain a curved seat – a place to shelter when it rains. We plan to plant Lavender and Rosemary as a scented hedge all along the front of the stage. The





formal lawn is a pleasant place to lay a blanket for a picnic, to watch performances or climbers practising on the rocks. Did you know that the curved dry-stone wall hides an underground soak-away drain that takes rainwater from the rock face behind the stage?

Heritage orchard and fruit growing

The apple, pear and plum trees are now into their second year and should put on significant growth this year, despite a little pruning by the deer. The orchard was obtained with a grant from the People's Trust for Endangered Species and contains some very old varieties specifically sourced to deal with the local climate and conditions. Three cherry trees and a wild cherry hedge were planted in December, purchased with a grant obtained from the organisation Volunteering Matters. The orchard has been underplanted with wildflower seeds and 76 wild flower plug plants which unfortunately may not endure this dry spell.

Informal lawn and picnic area

This area is intentionally left rough mown as a family play area, with a circular picnic table. A lovely, sunny spot. On a less

positive note, recent visitors to the village lit a barbecue on the picnic table, causing some surface damage and a small fire when they tipped used coals onto parched ground. We will try to provide a safe area for barbecues, but until then, please stick to packed lunches!

Curling rink

Volunteers worked hard to clear the old curling rink, making it useful as an area for temporary storage and deliveries. With funding applications in progress, we hope to re-surface the rink with tarmac to support a range of informal sports, including ball games, roller skating and skateboarding and also as a space for community events, such as markets and fetes.

It has taken a huge amount of work and commitment to get this far, not least in applying for external funding, but the rewards far outweigh the blisters and backache when we see folk enjoying this wonderful amenity. Thank you to all those who have donated so generously in whatever way they can.

*Tim King and Karen Pollock
Lochgoil Community Trust*

LOCH GOIL COMMUNITY



Hello Lochgoil Community

Our food pantry launched on Saturday 18th April and what an overwhelming support of donations we have received.

Projects like this are not down to individual people, it is by everyone in the community coming together and ensuring that we look after each other.

I feel it is important to thank the community for the donations received to date, Costcutter and the village hall for providing furniture to stack and store donations and the community council for supporting this project.

Please remember this is why our village is not just a village and tourist attraction, we are a community of loving people who come together to look after each other.

Stay safe

Zak Robb-Gillan

What is our food pantry?

- The food pantry is an opportunity for the community to come together and support each other.
- By donating food, you are helping people within our community that may need help.
- We are also helping the planet by reducing wastage by donating products.
- It is important that everyone knows the food pantry is there for everyone and no one should feel scared or embarrassed to use it.

Where did the idea come from?

- Karen Pollock recently made an appeal for donations to support Dunoon food bank, and the response was amazing. As donations kept coming in and travel restrictions coming into play, this



- proved to be a challenge to drop off.
- Strachur Community created a food stop phone box and shared on social media, so our idea formed from there.

Why the phone box?

- The phone box is within the heart of the village.
- It is enclosed and sheltered protecting all the donations.

What can I donate?

- Any goods that you would normally have in your kitchen cupboards.
- Pet food
- Baking products
- Tins
- Juice
- Long life milk
- Hot beverages
- Toiletries for adults, babies etc

How can I donate?

- Pop your donations into the phone box.

- Call 703 200 and we can arrange to pick items up from your front door, driveways etc so there is no contact and we will take to the phone box.

What can I take?

- Everyone is welcome to take anything. It is important for people to take items to ensure nothing is wasted and needing to go in the bin.
- Do you know someone who would benefit from a food parcel? Call us on 703 200 and we will make one up and drop it off.

How long will the project run for?

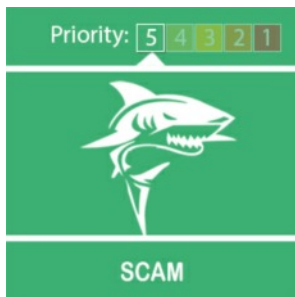
The project will run during the pandemic of COVID 19. We would like this to continue long term in the respect of a community swap shop for food, books, DVDs etc.



A GESTURE OF APPRECIATION & SUPPORT



A normal check-in is a little bit different at Hunters Quay right now - We are proud to be helping our local front line NHS team with complimentary accommodation to support them in the fight against COVID-19.



SCAMS UPDATE IN PARTNERSHIP WITH TRADING STANDARDS SCOTLAND

Scam Share this week looks at some of the most recent scams which have been reported by consumers across Scotland, including those related to the COVID-19 outbreak.

people's uncertainty around developments relating to the pandemic and, as well as emails, are rapidly creating malicious websites and apps that appear similar to genuine software.

The below topics are included:-

Travel Cancellations

Mobility Aid Scams

Netflix Scam

Misleading Adverts for IV Drips

Hand Sanitiser - Official Guidance

Volunteer Shopping Cards

Pension Scams

Unfair Business Practices

Financial Impact COVID 19

Google reported this week that they are blocking around 18 million scam emails related to Covid-19 each day: a fifth of all hoax messages sent to Gmail accounts. Cyber criminals are taking advantage of

Use this link to head straight to this weeks Scam Share

<https://mailchi.mp/ba200398df1a/scam-share-bulletin>

Neighbourhood Watch Scotland would love to hear from you. We are interested to know how you are feeling about all the scams that are circulating. Is getting up to date factual information making you feel safer? Confident in identifying possible scams? Knowledgeable in what to do if you unwittingly become the victim of a scammer?

I look forward to hearing from you. Please get in touch either through reply on Neighbourhood Alert or at info@neighbourhoodwatchscotland.co.uk

Message Sent By

Mark Armstrong (NHWN, Community

LOCAL CHIMNEY SWEEP

ARGYLL SWEEPS ANDY ROBSON

*Chimneys & Flues Swept 28 years
experience, SFAS certified, full
inspections and reports carried out*

*Chimneys and Stove Flues, swept
and smoke tested. Chimneys*

*Lined, multi fuel stoves
supplied and fitted.
Cows and Chimney Pots supplied
and fitted.
Clean professional Service
07786368729*



A THOUGHT FROM A TREASURER

In these unprecedented times with nearly everything in 'lock down' life, as we know it has changed beyond anything that we can remember.

With the Churches also in lock down our main income stream has effectively nearly dried up. I note, nearly because several people contribute using Standing Order which at this time is of immeasurable benefit and I would ask you all to consider this method of contribution.

Lock down or not the work of the Church carries on regardless and this requires funding from the congregations of the C of S. Every month we have Ministry & Mission (M & M), insurance and Electricity Direct Debits to pay which is putting an enormous strain on our finances. I urge all of you within and without the Church family to consider their giving. For Gift Aid donors keep your weekly envelopes topped up, for Open Plate donors please put aside what you would normally give on a weekly basis in order that we will be able at the end of this trial to balance the books. To all and sundry please consider donating to help us through this troubled time which would be appreciated.

Anybody who wishes further information can contact Jimmy Sim at blairlomond@aol.com or 01301 703460.

REPORT ROAD & LIGHTING FAULTS

Instead of suffering in silence, it's easy to report potholes, damaged road signs and lighting faults to the council.

For those online just go to the Argyll & Bute website www.argyllbute.gov.uk and click on to Transport and Streets menu.

There is a simple online form to complete.

Alternatively you can email: enquiries@argyllbute.gov.uk or simply telephone 01456 605514

You can also report street lighting faults by calling Road and Lighting Faults on 0800 37 36 35.

CARRICK'S NHS APPRECIATION ON THURSDAY





It was great to hear so many people in Carrick on Thursday evening, showing their appreciation of the selfless and vital work of NHS staff, carers and all key workers.



There was great noise all along the village, including from those in Morrison's Park, and from those keeping their distance on the village green. We had clapping, car horns, air-horns, bells, saucepans, a loudhailer, and - classy touch! - A saxophone solo of Somewhere Over the Rainbow!

Please click on link to play the video?

[Carrick's appreciation](#)

Arthur Fairfull

	Elaine Broadbent tiffany / copperfoil Stained Glass work
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PARCELS, WELL DONE FOR KEEPING THE COUNTRY IN
CONTACT, COULDN'T DO WITHOUT YOU.



MINDFULNESS MEDITATION MEANS PAYING ATTENTION -
DELIBERATELY PAYING ATTENTION TO THE PRESENT
MOMENT WITHOUT JUDGING IT.



JOIN ME AND OTHERS IN A FREE DAILY
ONLINE PRACTICE SESSION

8.30am GMT Monday -Friday

Suitable for all including beginners

PLUS get a free 16-page ebook How to Practise in Challenging Times with 21
different informal practices to try at home.

How can paying attention be helpful?

Most of us spend the majority of time either stuck in the past with events that can't be changed, or thinking about the future – caught up in the dream tangle of 'If only...'

When we are stuck in the past or caught up in the possibilities of the future we are not present and we miss so many of the moments that make up our life.

We can learn to cultivate awareness of the present moment by practising mindfulness – through formal and informal meditation practices.

You can learn how to practise secular mindfulness meditation online in group sessions with live teacher interaction and support.

I also offer workplace tasters and sessions around the country.

If you would like to experiment with informal practices, download my free pdf *How to Practice in Challenging Times*

Who is this mindfulness for?

Mindfulness meditation has been shown to be helpful for all of us – whether we are suffering from physical or emotional pain or simply the 'full catastrophe' of life, that is, the joys and sorrows of being human.

We all suffer from stress at some point in our lives and learning to be present can make our lives feel richer and more fulfilling and help us manage the ups and downs of everyday life.

Registration is open for my next course

Learning Mindfulness

Ways you can find out more about mindfulness: taster sessions and workshops, as well as courses.

The content of the 8-week 'Stress Reduction through Mindfulness' Course, as well as dates and times.

Who is this course is suitable for

Dates, times and prices for 'Meditation Maintenance' – a follow-on support course for graduates of the 8-week course

Mindfulness in the Workplace - how mindfulness meditation can help us in our working day.

More information on

www.mindfulness-meditation-now.com

Anna Black

QUIZ 12 ANSWERS

Name : **Cratae**

6. 1999 (a)

5. Michael Palin (r)

4. Inchmurrin (e)

3. Oak (c)

2. A Food bank (a)

1. In tree tops (r)

Thank you to our local quiz master
Elaine Broadbent



ARGYLL AND BUTE COUNCIL NEWS ROUND-UP

24 APRIL 2020

Welcome to Argyll and Bute Council's weekly news round-up. Thank you for reading it. If you have ideas on how we could make it more useful for you, we'd love to hear them. Please let us know by emailing press@argyll-bute.gov.uk

Oban High teachers make PPE for local community

Caring teachers from Oban High School's Business, Design and Technology Department have now made more than 400 protective face visors for use in their local community.

Damian Heaney, Ronnie Dott and David Berry created a prototype which was approved by the NHS, before setting about creating the visors using materials from the school's technical department, such as acrylic, acetate and pop rivets.

Coronavirus News

Help is on hand if you need it: Argyll and Bute Council is working hard with community groups, local organisations and volunteers to make sure those people who have been asked to stay at home for 12 weeks (shielding) and have no existing support systems in place, receive essential food parcels.

Business support notification process: If you have applied for business support during the COVID 19 pandemic, please note there is a clear process for notification.

Kidston Car Park, Helensburgh, will be closed: Following discussions with Police Scotland, Argyll and Bute Council will close Kidston Car Park, Helensburgh, during the current COVID-19 pandemic.

Contact your local councillor: Councillors are still available if you would like to contact them about something. You are still able to phone or send them an email.

Clear your head and look after your mental health: Clear your head The Scottish Government's 'Clear Your Head' campaign highlights the practical things people can do to help them feel better whilst continuing to stay at home, acknowledging these are worrying and uncertain times for many.

Be careful with bonfires: It is perfectly acceptable to have a bonfire in your garden as long as it does not cause a nuisance to your neighbours. Bonfires can result in pollution and cause a nuisance so you should consider carefully if and how you burn waste.

We need experienced home carers to join our team: We are looking for talented, compassionate people to join our short-term bank of care staff. You will be making a real difference to people's lives at a critical time. If you are qualified and experience, and would like to step up and become part of our emergency team, please apply through MyJob Scotland.

Become a Telephone Befriender: Argyll and Bute Third Sector Interface needs people to support their local communities by making regular phone calls to help reduce feelings of loneliness and isolation

in others. You don't need experience and full support will be given.

Caring for people helpline: The Caring for People Helpline is available for individuals living in Argyll and Bute who are self-isolating/vulnerable and whose usual support network is no longer available. The Helpline is the Local Assistance Centre for those who have been asked to stay at home for at least 12 weeks. It is open Monday to Friday, from 9.00am to 5.00pm.

Support for businesses: Our website has information for businesses including information on financial support available and how to run your business safely if it is permitted to remain open.

Other news

Allotment Regulations Consultation: We recently consulted you on our proposed Allotment Regulations to help form part of the Community Food Growing Strategy. Thanks to everyone who took part. The Allotment Regulations, and how your feedback influenced them, can now be found on our website.

Tribute to our hardworking staff and volunteers

We have received dozens of lovely tributes for staff and volunteers who are supporting people at this difficult time. Here are just a few examples. We will pass it to the teams concerned – they will really appreciate it. Thank you.

"I am sending grateful thanks to all the council staff, shop workers, care home staff and of course NHS staff who are working so hard across many sectors keeping us running and looking after everyone. We are all eternally grateful. Keep well. " Celia

"At the age of 81 I am so grateful to all the unknown people who make 'team spirit' a reality and give us hope for a better world as we will value all around us more now." Arlene

"Thank you council staff for working hard to inform the people on the Ross through your weekly newsletter of the current situation on the Virus. A special thank you to the refuse staff. Always cheers me to see the flashing lights." Brian

"We as a family thank all of the agencies and volunteers and that includes neighbours who just help but belong to no group. I feel a change, community spirit is coming back I hope it continues to grow. Thank you to the council and all of the groups working together - there are too many to name and I probably don't even know the existence of some groups but thank you, thank you." Margaret

If you would like to pay tribute to staff or volunteers working through the Coronavirus pandemic, please email: press@argyll-bute.gov.uk

Work with us

Many people choose and love to live in Argyll and Bute for many reasons. If you would like to join us, there are a range of jobs available at Myjob Scotland. Other jobs can be found at www.abplace2b.scot

Further information is available on the Council website.

Kind regards,

Argyll and Bute Council

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LOCAL QUIZ 12

Test your knowledge of Lochgoil and the surrounding area with the following questions. Then rearrange the letters corresponding to your answers to find the name of one of Argyll's favourite gardens.

1. **Where do herons nest?**
 In treetops (r)
 Along the riverbank (t)
 On the shore (s)
2. **Strachur's red phone box is currently being used as what?**
 An information resource (i)
 A food bank (a)
 A book exchange (o)
3. **The Gaelic word 'darroch' refers to what kind of tree?**
 Willow (b)
 Scots Pine (d)
 Oak (c)
4. **Which is the largest of Loch Lomond's islands?**
 Inchmurrin (e)
 Inchcailloch (y)
 Inchlonaig (v)
5. **Which member of the Monty Python team appeared at Dunoon's Burgh Hall in 2018?**
 John Cleese (p)
 Terry Gilliam (t)
 Michael Palin (r)
6. **When did anti- Trident protestors overturn the MOD's computers from the Maytime into Loch Goil?**
 1991 (l)
 1999 (a)
 2004 (n)

BRAIN TEASERS ON ECOPY1 ANSWERS

- What can you break even if you never pick it up or touch it? - **Promise**
- A man is looking at a photograph of someone. His friend asks who is it. The man replies "brothers and sisters, I have none. But that man's father is my father's son. Who was in the photograph - **His son**
- What do you get if you put a radio in a refrigerator? - **Cool Music**
- What two things can you never eat for breakfast? - **Lunch and Dinner**
- What can fly without wings and cry without eyes? - **A cloud**
- What is always coming but never arrives? - **Tomorrow**
- Everyone in the world needs it, but they usually give it without taking it. What is it? - **Advice**
- No matter how smart you are there is one thing you always overlook. What is it? - **Your nose**
- What runs around the whole yard without moving? - **A fence**
- The more you take away from me, the bigger I become. What am I? - **A hole**
- What do poor people have, rich people need, and if you eat it you will die? - **Nothing**

**PLATES 4
MATES**



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**DELIVERING FRESHLY MADE MEALS
TO YOUR DOORSTEP**

ring Michelle: 07733 757 970 or Richard: 07787 516 709
or email: theboatshedcafelochgoil@gmail.com